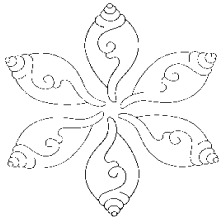


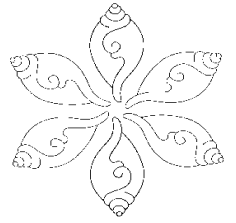
Mindful Mentoring

Summer Learning Camps 2010

Mindful Mentoring is pleased to announce exciting individualized programs and summer day camps that enrich, empower, and cultivate skills for success.



Our summer camps for children and adolescents provide meaningful learning experiences that promote academic, social, and emotional wellness.



Each of our learning camps create a mind-body connection by blending academics (reading, writing, math, science, & study skills) with a mental and physical component (hiking, art, surfing & yoga).

Weekly Themes:

- ✿ Responsibility: Respect for Self, Others, & Community
- ✿ Balanced Lifestyles: Positive Patterns & Healthy Habits
- ✿ Collaboration : Building Confidence & Self-Esteem through Teamwork
- ✿ Cultivate and Inspire: Embrace and Develop Unique Gifts & Talents

Morning Sessions

9:00- 1:00 p.m.

Camp Dates

Session I: July 5-9

Session II: July 12-16

Session III: July 19-23

Session IV: July 26-30

Afternoon Sessions

1:30- 5:30 p.m.

For further information, please contact:

Mindful Mentoring

2190 Carmel Valley Road, Suite A, Del Mar, CA 92014 ~ (858) 755-7834

www.mindfulmentoring.com