

# Mindful Mentoring

## Summer Program 2009

We are committed to a holistic approach to learning, success, & wellness. Each of our programs provides a unique approach to learning, individualized for a student's specific needs, interests, and goals.

### Let's Get Organized!

Students will learn practical study skills, time management, and organizational tactics. Effective strategies for goal setting, note taking, memory strategies, and problem solving for all learning styles are emphasized.



### Individual Subject Tutoring

Students will review subjects and preview material for the upcoming academic year. Students use textbooks and practical materials to supplement their knowledge in specific subject areas.



### Summer School Tutoring

Our summer school tutoring program provides students with individualized support. Students receive homework assistance focusing on test preparation and completion of major projects & assignments for summer school courses.



### SAT/ACT Test Preparation

This program reinforces skills to successfully tackle college entrance exams. Students will also craft personal statements that can be utilized for college applications.



### Creative Focus

In addition to academics, we foster creative expression through art and movement.

 **Art & Yoga Workshops**



### Focus on Reading

Students will develop comprehension skills in order to become more proficient readers. The program incorporates useful reading strategies that inspire lifelong readers.



### The Elements of Writing

This program promotes writing skills and fluency. It develops both academic and creative writing, encouraging personal expression as well as critical thinking and analysis.



For further information, please contact:

**Mindful Mentoring**

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